



**COUNTY OF LOS ANGELES  
DEPARTMENT OF HUMAN RESOURCES**

HEADQUARTERS  
579 KENNETH HAHN HALL OF ADMINISTRATION • LOS ANGELES, CALIFORNIA 90012  
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**MICHAEL J. HENRY**  
DIRECTOR OF PERSONNEL

June 19, 2008

To: Each Department Head

From: Michael J. Henry  
Director of Personnel

Subject: **WELLNESS FAIR – WEDNESDAY, JULY 16, 2008, PROBATION DEPARTMENT**

The third Wellness Fair of 2008 will be held on **Wednesday, July 16, 2008, between the hours of 10:00 a.m. and 3:00 p.m., at the Probation Department located at 9150 East Imperial Highway, Downey, CA 90242.** Wellness Fairs are sponsored by the joint Labor-Management Advisory Committee on Productivity Enhancement and promote health awareness and well-being. Attached is a flyer announcing the Fair.

Wellness Fairs provide free health screenings for diabetes, blood pressure, body composition, skin conditions, and vision, as well as evaluations for ergonomics and grip strength. Massage therapy will also be available. Dental carriers will provide oral screenings. County-sponsored and County-approved medical and dental carriers including Anthem Blue Cross, Blue Shield, CIGNA, Kaiser Permanente, PacificCare, Delta Dental, and SafeGuard will participate, demonstrating their ongoing commitment to healthier lifestyles for County employees.

We encourage all departments with offices in the area to allow employees to attend during work hours. Wellness Fairs support the County's Strategic Plan Goal #2, Workforce Excellence, by creating a positive work environment and encouraging employee well-being.

MJH:TJH  
MLH:DZF:sl

Attachment

c: Each Supervisor  
Chief Executive Officer  
DCEO, Operations  
Departmental Human Resources Managers  
Wellness Managers

H:\wellness2008 7-16 depthead ltr

# WELLNESS FAIR

OPEN TO ALL L.A. COUNTY EMPLOYEES

**Wednesday, July 16, 2008**  
**10:00 a.m. – 3:00 p.m.**

at the

**Probation Department**  
**9150 East Imperial Highway**  
**Downey, CA 90242**  
**Employee Parking Lot**

***FREE HEALTH SCREENINGS:***

BLOOD PRESSURE \* BODY COMPOSITION \* DERMASCAN \* DIABETES  
VISION \* GRIP TESTING \* MASSAGE THERAPY \* ERGONOMICS  
AND MUCH MORE!



## 10 Door Prize Drawings Held Hourly!

For more information contact your Departmental Wellness Manager  
or

Diana Fonseca/DHR (213) 738-2236 \* Theresa Lopez/ALADS (818) 678-0091  
Harold Sterker/SEIU Local 721 (213) 639-6425 \* Shawn Millner/CAPE (213) 484-0400

Sponsored by:

The Joint labor-management Advisory Committee on Productivity Enhancement